



KING COUNTY

1200 King County Courthouse
516 Third Avenue
Seattle, WA 98104

Signature Report

October 8, 2008

Ordinance 16261

Proposed No. 2008-0489.4

Sponsors Ferguson

1 AN ORDINANCE relating to the mental illness and drug
2 dependency implementation plan; and amending Ordinance
3 15955, Section 2, and K.C.C. 4.08.318.
4

5 BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:

6 SECTION 1. Findings:

7 A. In 2005, the Washington state Legislature authorized counties to implement a
8 one-tenth of one percent sales and use tax to support new or expanded chemical
9 dependency or mental health treatment programs and services and for the operation of
10 new or expanded therapeutic court programs and services.

11 B. In 2007, the King County council adopted Ordinance 15949 authorizing the
12 levy and collection of, and legislative policies for the expenditure of revenues from, an
13 additional sales and use tax of one-tenth of one percent for the delivery of mental health
14 and chemical dependency services and therapeutic courts. The ordinance also established
15 a policy framework for measuring the effectiveness of the public's investment, requiring
16 the King County executive to submit oversight, implementation and evaluation plans for
17 the programs funded with the tax revenue.

18 C. In 2008, the Washington state Legislature amended RCW 82.14.460 in
19 Chapter 157, Laws of Washington 2008, which defines those programs and services that
20 are authorized for funding by the sales tax. The amendment added housing that is a
21 component of a coordinated mental health or chemical dependency treatment program or
22 service to the list of programs and services that are authorized for funding by the sales
23 tax. The statute also amended the nonsupplanting provision to allow the sales tax funds
24 to be used for replacement of lapsed federal funding previously provided for mental
25 health, substance abuse and therapeutic court services and programs.

26 D In April 2008, the King County council adopted Ordinance 16077, establishing
27 the King County mental illness and drug dependency oversight committee. The oversight
28 committee is an advisory body to the King County executive and the council. The
29 purpose of the oversight committee is to ensure that the implementation and evaluation of
30 the strategies and programs funded by the tax revenue are transparent, accountable and
31 collaborative. The committee reviews and comments on quarterly, annual and evaluation
32 reports as required in Ordinance 15949. It also reviews and comments on emerging and
33 evolving priorities for the use of the mental illness and drug dependency sales tax
34 revenue. The oversight committee members bring knowledge, expertise and the
35 perspective necessary to successfully review and provide input on the development,
36 implementation and evaluation of the tax funded programs.

37 E. Ordinance 15949 directed the development of an implementation plan to be
38 developed in collaboration with an oversight group. The oversight group, under the
39 guidance of the department of community and human services, provided input on
40 development of the implementation plan, which was attached to the transmitted motion.

41 F. The implementation plan describes the implementation of the programs and
42 services outlined in the mental illness and drug dependency action plan. It includes: a
43 schedule for the implementation of programs and services outlined in the mental illness
44 and drug dependency action plan; a discussion of needed resources, including staff,
45 information and provider contracts; and milestones for implementation of the programs.
46 In addition, the implementation plan addresses how adult drug diversion court, one of the
47 county's therapeutic courts, may utilize sales tax revenue for program expansion. Finally,
48 it includes strategies and programs that support specialized mental health or substance
49 abuse counseling, therapy and support groups for victims of sexual assault, victims of
50 domestic violence and children exposed to domestic violence, provided by or in
51 collaboration with recognized sexual assault and domestic violence services providers.

52 G. Funds for housing development and rental subsidies that are part of a
53 coordinated mental health or chemical dependency treatment program or service are
54 included in the implementation plan.

55 H. The services identified in the implementation plan will help to address the
56 unmet needs of thousands of vulnerable King County residents. Improved access to
57 mental health and chemical dependency treatment and support is expected to improve the
58 quality of life for those in need of services and yield significant cost savings to the region
59 through the reduced usage of the criminal justice system and more expensive alternatives
60 to treatment.

61 I. The strategies outlined in the 2008 implementation plan represent a continuum
62 of initial mental health, therapeutic court and substance abuse services. The strategies
63 contained in the implementation plan attached to this ordinance or any future

64 implementation plans may be expanded, revised or eliminated by ordinance based on, but
65 not limited to, the following reasons: changes to state law or county policy; performance
66 data from the evaluation of sales-tax funded programs and strategies; recommendation
67 from the county executive or the oversight committee; or county budgetary constraints.

68 J. The council recognizes that the needs of the county's residents may change
69 over time and that new and innovative mental health, substance abuse and therapeutic
70 court programs and services are continually being developed and implemented across the
71 country. Therefore, it is the policy of the county that the county's mental illness and drug
72 dependency shall maintain flexibility to respond to the changing needs of the county's
73 population as well as to accommodate new mental health, substance abuse and
74 therapeutic court strategies and programs.

75 K. The county's mental illness and drug dependency strategies and programs
76 shall be responsive to the changing needs of the county's population. They shall maintain
77 the flexibility to accommodate new, revised or improved mental health, substance abuse
78 and therapeutic court strategies and programs.

79 L. Addressing racial disproportionality in the criminal justice system is one of the
80 guiding principles for determining the service priorities of the mental illness and drug
81 dependency strategies and programs. The county recognizes the need to promote equity
82 through access to the mental illness and drug dependency strategies and programs for
83 communities of color and youth involved with gang violence.

84 SECTION 2. The mental illness and drug dependency implementation plan, as
85 required in Ordinance 15949 and that is Attachment A to this ordinance, is hereby
86 adopted to guide the management and expenditures from the mental illness and drug

87 dependency fund. Adoption of this ordinance satisfies the proviso requirement
88 concerning the council's approval of the implementation plan contained in Ordinance
89 15975, Section 72, as amended. The mental illness and drug dependency spending plan
90 and financial plan, including the next year's projected allocations by strategy, is subject to
91 review and possible modification in the annual budget process.

92 SECTION 3.

93 A. The mental illness and drug dependency oversight committee, with input from
94 the council and the executive, shall propose a process and a schedule for new strategies
95 and programs to be considered for funding by the sales tax revenue. The process and
96 schedule shall:

97 1. Be easily accessible and transparent to the potential proposers of new
98 strategies and programs;

99 2. Provide clear and simple directions for the potential proposers of new
100 strategies and programs;

101 3. Specify the key elements required in any proposal or request for funding;

102 4. Include a schedule and timeline for the proposal process; and

103 5. Provide at least two dates during the calendar year when new strategies and
104 any necessary supplemental appropriation ordinances would be sent to the council for
105 consideration. One of those dates shall be April 1, when the annual report is due.

106 B. The oversight committee's recommendation for a new strategy process will be
107 submitted to the council along with the mental illness and drug dependency annual report
108 that is due April 1, 2009.

109 C. Until council action on the oversight committee's recommendation for a new
110 strategy process, persons or organizations seeking consideration of new strategies funded
111 by the sales tax revenue shall submit such requests to the oversight committee co-chairs.
112 These requests shall then be forwarded by the co-chairs to executive and council staff.

113 SECTION 4. Ordinance 15955, Section 2, and K.C.C. 4.08.318 are each hereby
114 amended to read as follows:

115 A. There is hereby created the mental illness and drug dependency fund,
116 classified as a special revenue fund, for the purpose of accounting for the proceeds of an
117 additional one-tenth of one percent sales tax imposed by King County for collection
118 beginning in 2008.

119 B.1. In accordance with the ordinance imposing the mental illness and drug
120 dependency tax, the proceeds of the sales tax will be placed in one fund designated and
121 shall be used solely for the purpose of providing new or expanded chemical dependency
122 or mental health treatment services and for the operation of new or expanded therapeutic
123 court programs and shall not be used to supplant existing funding for these purposes.

124 2.a. In order to reserve funds for new strategies not currently specified in the
125 implementation plan, a new strategy reserve is hereby created in the mental illness and
126 drug dependency fund. The purpose of this reserve is to fund new strategies and
127 programs that meet the county's policy goals established in K.C.C. 4.33.010.

128 b. Mental illness and drug dependency programs or strategies that are funded
129 from the new strategy reserve shall receive funding from the reserve for two full years.
130 No project or strategy funded from the new strategy reserve shall utilize more than
131 twenty percent of the total annual new strategy reserve amount. The annual new strategy

132 reserve amount is based on the later of either the annual mental illness and drug
133 dependency fund financial plan as transmitted by the executive with the proposed annual
134 county budget or as amended by ordinance. The two-year period for funding new
135 strategies from the new strategy reserve shall commence when the ordinance approving
136 the new strategy is enacted. During the two-year period of funding from the new strategy
137 reserve, these programs and strategies shall be reviewed as part of the annual mental
138 illness and drug dependency evaluation cycles. After the initial two-year period, the new
139 strategies and programs shall be subject to expansion, revision or elimination.

140 c. The new strategy reserve shall be limited to five million dollars.

141 d. The new strategy reserve shall be initially funded:

142 (1) in 2008 by:

143 (A) allocating one million eight hundred thousand dollars of the mental
144 illness and drug dependency fund's revenue stabilization reserve to the new strategy
145 reserve; and

146 (B) allocating seven hundred thousand dollars of the mental illness and drug
147 dependency fund's 2008 revenue; and

148 (2) in 2009 by allocating up to two million seven hundred thousand dollars of
149 the mental illness and drug dependency fund's 2008 ending undesignated fund balance to
150 the new strategy reserve at the end of the 2008 fiscal year.

151 e. In 2010 and thereafter, the new strategy reserve will be replenished each
152 year by allocating up to one half of the mental illness and drug dependency fund's
153 previous ending year's undesignated fund balance less the target fund balance to the
154 reserve until the five-million-dollar limit is reached.

155 C. The department of community and human services shall be the fund manager
156 for the mental illness and drug dependency fund.

157 D. For investment purposes, the mental illness and drug dependency fund shall
158 be considered a first tier fund.

159 SECTION 5. There is a need to expand mental health court services to more
160 residents of King County, in more locations throughout the county, without further
161 fragmenting of the justice system for vulnerable, mentally ill clients. The mental illness
162 and drug dependency oversight committee shall review options for enhancing the
163 delivery of mental health court services and recommend a proposed strategy to provide
164 mental illness and drug dependency funds for mental health courts in King County. In
165 particular, the oversight committee shall recommend an approach to allocating the funds
166 set aside in the spending plan for the purpose of supporting mental health courts. The
167 oversight committee's recommendation for mental health courts shall be submitted to the
168

169 council along with and in the same manner as the mental illness and drug dependency
170 annual report that is due April, 1, 2009.

171

Ordinance 16261 was introduced on 9/8/2008 and passed as amended by the
Metropolitan King County Council on 10/6/2008, by the following vote:

Yes: 8 - Ms. Patterson, Mr. Dunn, Mr. Constantine, Mr. von Reichbauer, Mr.
Ferguson, Mr. Gossett, Mr. Phillips and Ms. Hague

No: 0

Excused: 1 - Ms. Lambert

KING COUNTY COUNCIL
KING COUNTY, WASHINGTON



Julia Patterson, Chair

ATTEST:



Anne Noris, Clerk of the Council

APPROVED this 20 day of October, 2008.



Ron Sims, County Executive

Attachments

A. Mental Illness and Drug Dependency Implementation Plan Version 6 - REVISED
October 6, 2008 - FINAL

RECEIVED
2008 OCT 20 PM 4:02
CLERK
KING COUNTY COUNCIL

King County Mental Health, Chemical Abuse and
Dependency Services



King County

Mental Illness and Drug Dependency
Implementation Plan

VERSION 6

REVISED October 6, 2008



Table of Contents

| | Page # |
|---|--------|
| Introduction | 2 |
| Community Based Care | |
| 1a-1 Increase access to community mental health treatment..... | 13 |
| 1a-2 Increase access to community substance abuse treatment..... | 16 |
| 1b Outreach and engagement to individuals leaving hospitals, jails, or crisis facilities..... | 20 |
| 1c Emergency room substance abuse early intervention program..... | 24 |
| 1d Mental health crisis next day appointments and stabilization services..... | 28 |
| 1e Chemical dependency professional education and training..... | 31 |
| 1f Parent partner and youth peer support assistance program..... | 35 |
| 1g Prevention and early intervention mental health and substance abuse services for adults age 55+..... | 39 |
| 1h Expand availability of crisis intervention and linkage to on-going services for older adults..... | 42 |
| 2a Caseload reduction for mental health..... | 46 |
| 2b Employment services for individuals with mental illness and chemical dependency..... | 50 |
| 3a Supportive housing services..... | 54 |
| Programs Targeted to Help Youth | |
| 4a Services for parents in substance abuse outpatient treatment..... | 59 |
| 4b Prevention services to children of substance abusers..... | 63 |
| 4c School district based mental health and substance abuse services..... | 67 |
| 4d School based suicide prevention..... | 71 |
| 5a Expand assessments for youth in the juvenile justice system..... | 75 |
| 6a High fidelity wraparound initiative..... | 78 |
| 7a Reception center for youth in crisis..... | 83 |
| 7b Expansion of children’s crisis outreach response service system..... | 87 |
| 8a Expand family treatment court services and support to parents..... | 91 |
| 9a Expand juvenile drug court treatment..... | 95 |
| Jail and Hospital Diversion Programs | |
| 10a Crisis intervention training program..... | 100 |
| 10b Adult crisis diversion center, respite beds, and mobile behavioral health crisis team..... | 104 |
| 11a Increase capacity for jail liaison program..... | 108 |
| 11b Increase services available for new or existing mental health court programs..... | 112 |
| 12a Increase jail re-entry program capacity..... | 116 |
| 12b Hospital re-entry respite beds..... | 122 |
| 12c Increase Harborview’s Psychiatric Emergency Services capacity to link individuals to community services upon discharge from ER..... | 126 |
| 12d Urinalysis supervision for Community Center for Alternative Programs clients..... | 129 |
| Domestic Violence, Sexual Assault, and Expansion of Adult Drug Court | |
| 13a Domestic violence and mental health services..... | 133 |
| 13b Domestic violence prevention..... | 138 |
| 14a Sexual assault and mental health services..... | 142 |
| 15a Adult drug court expansion..... | 147 |
| Housing Development | |
| 16a New housing units and rental subsidies..... | 155 |
| New Strategies | 160 |
| 17a | 161 |
| 17b | 164 |
| Appendices | |
| Appendix A – Oversight Committee..... | 176 |
| Appendix B – Strategy Implementation Process..... | 179 |

Mental Illness and Drug Dependency Action Plan

| | |
|---|-----|
| Appendix C – Implementation Timeline..... | 183 |
| Appendix D – Spending Plan..... | 184 |
| Appendix E – RFP Decision Model..... | 187 |

Introduction

1. Overview

In July 2006 the King County Council, recognizing the unmet needs of people disabled by mental illness and chemical dependency and the ongoing public costs of serving them in hospitals and jails, passed Council Motion 12320, calling for the development of a three-phase action plan:

"... to prevent and reduce chronic homelessness and unnecessary involvement in the criminal justice and emergency medical systems and promote recovery for persons with disabling mental illness and chemical dependency by implementing a full continuum of treatment, housing and case management services".

The three-phase action that was developed, called "The Mental Illness and Drug Dependency (MIDD) Plan", was accepted by Council in October 2007. In November 2007 Council passed Ordinance 15949, authorizing the collection of a one-tenth of one-percent sales and use tax to provide funding for the programs outlined in the MIDD, and requiring the submission of a three-part Oversight, Implementation, and Evaluation Plan for Council approval prior to funds being spent on the MIDD. The Oversight Plan, describing the representation, roles and responsibilities of the Oversight Committee, was approved by Council on April 28, 2008. The attached Implementation Plan describes in detail the services that will be provided, the resources needed for implementation, the timeline and milestones for implementation, how drug diversion court and programs that support victims of domestic violence and sexual assault, and how housing will be included in the MIDD continuum of mental health and substance abuse services, and the revised spending plan for the MIDD fund. This Implementation Plan provides a detailed framework for a comprehensive system of programs and strategies that will fulfill the Council mandate to create a full continuum of treatment, housing, and case management services that will lead to a significant reduction in the human and public costs of mental illness and chemical dependency in King County.

The MIDD Implementation Plan will provide an integrated system of:

- Prevention and early intervention services
- Community-based treatment
- Expanded therapeutic court programs
- Jail and hospital diversion programs
- Housing and housing supportive services.

The plan includes new programs as well as expansion of existing programs and services. These new and expanded services will address the unmet needs of approximately 33,000 individuals in King County each year.

