

# Public Health Week Activities

Monday- April 6		Tuesday - April 7	
8am	Welcome All Staff !!	Surprise Mid-Morning Treat	9:30
	Who's Who @ White Center 2009	Thank you from Management	
8:00-9:00	Healthy Oatmeal Breakfast	Walk	12:30 - 12:45
12:30 - 12:45	Walk	Daily Trivia Question	All day
All Day	Public Health History Trivia Game	Go! Green Table in WIC Lobby	All day
Wednesday - April 8		Thursday - April 9	
8am	Stress Balls Given To Staff	Healthy Incentive Calendars	
All Day	Daily Trivia Question	Healthy Potluck	12:00 - 1:00
12:30 - 12:45	Walk	Walk	12:30 - 12:45
1:30 - 3:30	Massages in Large Conf Room	Raffle Prizes	During lunch
3:00ish	Healthy Yogurt Parfaits	Bowling with family/friends	6:00pm - ?
Friday - April 10		Saturday/Sunday - April 11/12	
	<b>FURLOUGH</b>	<b>ENJOY YOUR WEEKEND</b>	
		Happy Easter!	

