# Selected Reliable Resources

## **General**

Advocates for Youth (for youth, parents, and professionals): www.advocatesforyouth.org

**Alan Guttmacher Institute** (a nonprofit organization focused on sexual and reproductive health research, policy analysis and public education): www.guttmacher.org

Centers for Disease Control and Prevention (the CDC): www.cdc.gov/sexualhealth

**Gay, Lesbian, Bisexual, Transgender Health** (from Public Health – Seattle & King County): www.kingcounty.gov/health/glbt

**Go Ask Alice** (a service of Columbia University *for college students and adults*): http://goaskalice.columbia.edu/

HIV/STD resources (from Public Health - Seattle & King County): www.kingcounty.gov/health/std

My Sistahs (sex education by and for young women of color): www.mysistahs.org

Planned Parenthood Federation of America: http://www.plannedparenthood.org/, 1-800-230-PLAN

**Safe Schools Coalition** (lesbian, gay, bisexual & transgender resources): www.safeschoolscoalition.org, crisis: 1-877-SAFE-SAFE (1-877-723-3723), non-crisis: 206-451-SAFE (7233)

**Sexuality Information and Education Council of the United States** (also known as SIECUS): www.siecus.org

Sex Etc. (from Answer, at Rutgers University, sex education by teens for teens): www.sexetc.org

**Student Background on Sexual Health**: On the FLASH web page, www.kingcounty.gov/health/FLASH, scroll down, click on "students"

**Teacher Background on Sexual Health**: On the FLASH web page (above) scroll down, click on "teachers" and then, on the right, "external links for teachers"

**Youth Resource** (a project of Advocates for Youth – helpful especially for gay, lesbian, bisexual, transgender, and questioning youth): www.youthresource.org

# King County, WA

#### **Community Health Centers in King County:**

www.kingcounty.gov/healthservices/health/locations/community.aspx

Teen Clinics (Public Health Family Planning Clinics with special teen drop in hours): www.teenclinic.com

## **Washington State**

**Teen Link** (a confidential, anonymous, nonjudgmental hotline staffed by teens – a project of the Crisis Clinic of King County): www.866teenlink.org or call 1-866-TEENLINK or, outside Washington State, 1-877-968-8454 to be connected to the teen hotline closest to you.

Washington Information Network (aka 2-1-1): www.win211.org or call 2-1-1

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