



**SHAPE UP!**  
50+

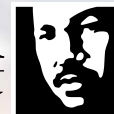
**\$10  
off**

\*restrictions apply  
call center for details

**For a Healthy Independent Lifestyle**

- Your local community center is offering group exercise classes for seniors: Zumba Gold, Yoga, Line Dancing, Enhance Fitness, Tai Chi, Pilates & more.
- Classes are safe, affordable, and led by knowledgeable instructors.

**Public Health**  
Seattle & King County  
Emergency Medical Services Division



For more information visit: [kingcounty.gov/health/shapeup](http://kingcounty.gov/health/shapeup)  
Or call North Bellevue Community Center at 425-452-7681

**\*Bring this card to the North Bellevue  
Community Center & receive \$10 off  
any group exercise class.**

**For more information  
Call 425-452-7681**

**4063 - 148th Ave NE  
Bellevue, WA 98009**

Exp. 12/16/16. Card has no dollar value & can't be redeemed for cash.

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