

to be at nutritional risk, and

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KING COUNTY

1200 King County Courthouse 516 Third Avenue Seattle, WA 98104

Signature Report

October 26, 2011

Resolution 11-09

Proposed No. 11-09.1 Sponsors A RESOLUTION supporting Food Day in 2011 in King 1 2 County. WHEREAS, King County is focusing on the national Food Day on October 24, 3 2011, goals of expanding access to food and alleviating hunger and promoting health by 4 5 curbing junk-food access and marketing to children, and 6 WHEREAS, some parts of the county, such as portions of Seattle and south King County, are especially affected. In these areas, students are more likely to have a fast 7 food restaurant within a half mile of their school compared to students in the rest of the 8 9 county and more likely to be overweight or obese, and 10 WHEREAS, seventeen food deserts have been identified in King County, which are low-income areas with poor access to a supermarket or large grocery store, and 11 12 WHEREAS, access to healthy foods has been widely expanded for women and children through King County's women, infants and children nutrition program, and 13 WHEREAS, the women, infants and children nutrition program serves nearly 14 forty thousand King County residents, providing supplemental nutritious foods, health 15 16 care referrals and nutrition education for low-income, pregnant, breastfeeding and nonbreastfeeding postpartum women, and to infants and children up to five years old found 17

| WHEREAS, many pregnant women and mothers are linked in to the women, |
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| infants and children nutrition program through King County's maternity support services |
| program which provides essential services to high-risk pregnant women and helps deliver |
| healthier outcomes for both mother and baby, and |
| WHEREAS, the women, infants and children nutrition program and maternity |
| support services face significant reduction and elimination, respectively, due to the state |
| and federal budget crisis, and |
| WHEREAS, the King County Board of Health has been a strong leader in |
| promoting access to healthy foods and preventing obesity through countywide regulations |
| on nutritional labeling and trans fat, a resolution on school nutrition and guidelines on |
| healthy vending, and |
| WHEREAS, the King County Board of Health has encouraged King County |
| residents to participate in Soda-Free Sundays through a resolution, and |
| WHEREAS, King County works to increase access to safe, healthy food for all |
| people through its many partnerships and coalitions, including South King County Child |
| Nutrition Collaborative, Communities Putting Prevention to Work, the King County Food |
| and Fitness Initiative, Healthy Kids, Healthy Communities, Seattle Nutrition Action |
| Consortium and The Rainier Valley Eats! Coalition, among others, |
| NOW, THEREFORE, BE IT RESOLVED by the Board of Health of King |
| County: |
| A. The Board of Health supports the national Food Day goals of expanding |
| access to food and alleviating hunger and promoting health by curbing junk-food access |
| and marketing to children; |

- B. The Board of Health supports the dozens of local public, private and not-forprofit organizations that are hosting Food Day activities throughout King County and the region;
- C. The Board of Health encourages the state of Washington to continue supporting healthy food access programs that are critically important to the residents of King County, such as the women, infants and children nutrition program and maternity support services; and

D. The Board of Health supports these programs and the hundreds of other local programs and groups with the spirit that "Every day is Food Day."

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Resolution 11-09 was introduced on and passed by the Board of Health on 10/21/2011, by the following vote:

Yes: 9 - Ms. Frisinger, Mr. Hutchinson, Ms. Patterson, Ms. Lambert, Dr. Nicola and Mr. McDermott

No: 0

Excused: 4 - Mr. Conlin, Mr. Licata, Ms. Clark and Dr. Danielson

BOARD OF HEALTH KING COUNTY, WASHINGTON

Joe McDermott, Chair

ATTEST:

Anne Noris, Clerk of the Board

Attachments: None