## **Job Analysis Form**

Alternate Format Available



## SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS

A more detailed form is available on the web at http://www.metrokc.gov/ohrm/kcjabank/

JOB TITLE: Paramedic Trainee

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PHYSICAL DEMAND	HRS PER SHIFT
Standing	2 – 4 hours
Walking   ■ uneven terrain	2 – 4 hours
Sitting	3 – 5 hours
Climbing stairs	0 – 15 minutes
Climbing	5 – 10 minutes
_truck/traversing scenes_	
Balancing	2 – 4.5 hours
Bending/Stooping	2 – 4 hours
Kneeling	1 – 1.5 hours
Crouching	10 – 15 minutes
Crawling	0 – 10 minutes
Foot controls	0
Reaching above shoulders	10 – 15 minutes
Reaching waist-shoulder	2 – 4 hours

PHYSICAL DEMAND	HRS PER SHIFT
Reaching knee-waist	30 min – 1 hour
Reaching floor-knee	30 min – 1 hour
Lifting/Carrying 1-10#	4 – 12 hours
Lifting/Carrying 11-20#	1 – 2 hours
Lifting/Carrying 21-50#	1 – 2 hours
Lifting/Carrying 51-100#	30 min – 1 hour
Lifting/Carrying 100+#	30 min – 1 hour
Handling	2 – 4 hours
Hand Controls	30 min – 1 hour
Fingering ⊠keyboarding	2 – 4 hours
Vision to assure safety of others	6 – 12 hours
Hearing to assure safety of others	6 – 12 hours
Other	

I have reviewed the following Job Analysis for the above-named employee.		
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Physician's Signature	Date	